

Everybody's Smart in Different Ways



We all have some degree of ability in each of these "smartness" categories, but we typically show particular strengths in one or two areas. Understanding your child's strengths can help you to encourage activities that will stimulate and interest him or her. It may even provide insight into new ways to support him/her to understand new and challenging concepts.

WORD SMART - Enjoys writing, likes to tell stories, finds pleasure in reading books.

PICTURE SMART - Possesses good visual imagery skills, loves to draw, fascinated by video games.

BODY SMART - Excels in sports, enjoys building and creating things, is a good dancer or actor.

MUSIC SMART - Is drawn to musical instruments, feels comfortable singing and performing, and remembers the words to many songs.

LOGIC SMART - Excels in math, keen sense of curiosity, like a scientist, challenged by brain teasers.

PEOPLE SMART - Thrives in social situations, makes friends easily, has lots of friends, and exhibits empathy for others.

SELF SMART - Has high self-esteem, likes private time and activities, has personal hobbies, is aware of own likes and dislikes.